



Summer 2021



the *Stethoscope*

A newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: www.frederickhealth.org
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

Auxiliary President's Letter

Pat Ray

Greetings!

I am thrilled to be able to welcome you back to work! We are getting more and more services back up to speed and working, including those who are directly involved with patients and visitors – such as our ED and Wings groups! After the difficulties of the past year and a half, it is heartwarming to walk through the hospital (and our off campus sites) and see so many green vests. I can assure you that the hospital staff have missed you tremendously, not only for the assistance you provide, but also for your smiles and friendship.

I would like to update you a bit on the construction at the main hospital campus. The Emergency Department renovation, moving of the Pediatric ED, move and expansion of the ICU and the addition of the third Cardiac Cath lab (with room to expand to 4) is progressing nicely. While this expansion is critical to keep up with the needs of our community, construction is never easy for anyone, including the Auxiliary. This is one reason why it is so important to attend the in-service and welcome back sessions because so many things have moved! The Auxiliary was the first donor to step up to fund this important project by pledging a million dollars to the project! I also want to acknowledge that parking has become more challenging than ever. While I know that parking in the garage may not be one of your favorite things, please be assured that it is well patrolled by Security, well lit and well-marked with appropriate signage. The best tip I can provide is that the 5th floor always has plenty of parking; especially spots close to the elevator. The elevator takes you right down to the main lobby. And by parking in the same place, it makes it easier to remember where your car is located.

We are still looking for volunteers to fill slots in many service areas, both at the hospital and off campus, so tell your friends who are looking for a way to help their community and have fun to join us!

We have many fundraisers coming up, and shopping at both the Gift Shop and the Select Seconds Thrift Shop is always a great way to help us raise money and get a little shopping in as well.

I want to congratulate you for being the first group at the hospital who are fully vaccinated! You are a shining example of helping yourselves and your community. The dedication and spirit of helping that every member of this Auxiliary shows makes a huge difference to the Health System and this community. You all are the absolute best! Welcome back!



Hospital President's Message

Tom Kleinhanzl

Dear Friends,

I hope this message finds you happy, healthy, and staying cool during our recent high temperatures! Summer is fully upon us and seems to be going by quickly. This is the perfect time to enjoy some much-deserved quality time with friends and family, especially after distancing for many months.

We continue to make progress in our efforts to combat COVID-19. Frederick Health was recently awarded a grant from the State of Maryland to help vaccinate those living in harder-to-reach areas of our community. Data continues to show that the vaccine saves lives. If you or someone you know still needs the COVID-19 vaccine, you can visit FrederickHealth.org/Vaccine to find a nearby clinic. The storm is not yet over, but there are clearer skies ahead thanks to continued vaccine efforts.

Recently, we welcomed back more visitors and patient families to our facilities. I want to personally thank you for your dedication to our community as you are coming back to additional service areas and providing in-person support. It is also exciting to hear that our Junior Volunteer program will be restarting this fall, nurturing future generations of healthcare workers.


As our health system works to improve and expand, construction of the new critical care addition at Frederick Health Hospital continues. Recently, we held a special beam-raising ceremony with many leaders, staff, donors, board members, and project partners in attendance to mark the occasion. This exciting new addition is tentatively scheduled to open next year and will greatly add to our ability to serve our ever-growing community.

You all have been hard at work planning events and sales for the fall months, including the August Books Are Fun Sale. These fundraising efforts are extremely popular, and it takes a lot of work and planning to make them successful. Thank you for your commitment to making these events happen, especially as we all navigate new and different ways of accomplishing our goals.

On behalf of the entire Senior Leadership team, I thank you for your unwavering commitment to each other and our community. As we get back to the new normal, I can't say it enough how much I appreciate seeing your friendly faces and familiar green vests return to our healthcare system.

You are an important member of this team.

Kind regards,



Tom Kleinhanzl
President & CEO
Frederick Health



Director's Letter

Sharon Hannaby

I can't tell you how happy I am to have volunteers back! Whether you work in the hospital, at Select Seconds, or one of our many offsite locations, please know that you were missed. The hospital was a very lonely place without the volunteers.

There were many changes made during your time away. We thank you for your patience as we worked through what we needed to do to have you safely return. As you know, COVID-19 vaccines are now required for staff – paid and volunteer. If you have not yet returned to duty and need a vaccine, please contact our office for dates/times of upcoming vaccine clinics.

Flu vaccines for all actively working volunteers will be coming back this fall. Please stay tuned for emails, memos, bulletin board postings with days/times to come in for your vaccine. We want all of you to enjoy a healthy winter!

We are now able to accept new adult and college volunteers. If you know someone who would like to volunteer, please have them contact the Volunteer Office at 240-566-3567.

We still have a waiting list for high school volunteers (though the list is much shorter now). Students may place themselves on the waiting list as soon as they complete the 8th grade. Requirements for the program are that the students must be at least 14 years of age and have completed the 9th grade, maintain at least a "B" average in school, have a good attendance record, commit to 2 consecutive sessions of the program, and have a personal desire to volunteer.



Reporting Hours - Joan Derr

The Hours Committee consists of Joann Ramsburg, Marie Hoffman, Ellen Noland, Jan Kennedy, and Joan Derr. We enter the hours you report to us into your individual record. These total hours are then reported monthly through Sharon Hannaby, Volunteer Director, to the administration of the hospital. Awards are given in the form of pins to volunteers as they reach various levels of total hours worked. Joann Ramsburg is currently the Awards Chairman.

The Hours Committee greatly appreciates the prompt and clear reporting of your volunteer hours, whether it be on sign-in sheet in the volunteer office or on individual, or group reporting sheets. It is requested that all monthly reports of hours worked be sent to the Volunteer Office no later than the 5th of the following month, or they will not be included in the totals for that month. Blank individual and group recording sheets are available in the Volunteer Office.

Awards— Joann Ramsburg

The volunteers earn awards for hours served. Therefore, it is important to always record your hours, especially if you are working at home on a project.

When you earn your first 500 hours, you will receive your pin. Then at 1,000 hours you will receive your first bar, and a bar for each 1,000 hours thereafter.

When you reach your 4,000 hours, your name is submitted for the Presidential Lifetime Achievement Award. You will receive a pin and a certificate signed by the sitting President.



All About Fundraising Joe Collins, 1st Vice President

With the return of volunteers to the hospital we are again hosting fundraising events. While these events don't generate the same volume of dollars for the Auxiliary as Select Seconds and the gift shop, they do generate revenues, while also providing a much appreciated service for the hospital staff and another service opportunity for the Auxiliary.

We have already held six (6) successful fundraising events and have a full schedule of events on tap for the balance of 2021. Fundraisers going forward are –



Collective Goods – August 17, 18 and 19

\$6 Everything – September 20 and 21

Shift Change Scrubs – October 6 and 7

Fudge Farm – October 14 and 15

Lancaster Linens – November 11

Mindy's Jewels – November 18

Collective Goods – December 20, 21 and 22



Since we offer payroll deduction to the hospital staff for many of the fundraisers, we need volunteers to work those events to coordinate the payroll deduction transactions. This feature is a great benefit for the hospital staff, helps to increase the volume of sales and results in a larger rebate to the Auxiliary. However, for these events to be successful, we need volunteers to work those events with payroll deduction. Shifts are short, the payroll deduction system is easy, and it provides a wonderful opportunity for volunteers to interact with the hospital staff.

I want to take this opportunity to thank those volunteers who have worked the fundraisers in 2021 and extend an invitation to the entire volunteer family to join us in working future fundraisers. We need the ongoing support of our wonderful volunteers to continue the history of these events that not only provide a source of revenue for the Auxiliary but also a service and benefit to the entire hospital family.

Thank you.

Joseph Collins, Chairperson Fundraising

THE HOSPITAL GIFT SHOP IS OPEN!

Most of the volunteers returned to the hospital Gift Shop March 1st. We currently have 35 volunteers. We have given away over 2,250 free drinks since the Drink Program began. This program is offered to hospital employees and volunteers.

Gift Shop profits were \$105,000 for the fiscal year to date.

- Submitted by Sharll Hane

SUMMER SALES ARE GOING ON NOW AT SELECT SECONDS!!

With prices on the rise now, we are all looking for ways to stretch our dollar. People do all sorts of things to save money, like looking for coupons, hunting for deals, and buying things in bulk. But people often overlook the great promise that thrift shops hold for saving money while purchasing items that they need—and shopping at Select Seconds is a great way to do this. Our store is fully stocked with summer clothing, jewelry, shoes, housewares, etc., and we have some great sales going on, too. If you have not been to the store in a while, stop by and see our updated space. We have some beautiful displays to give you lots of ideas for your closet as well as your home. In addition to our regular sales, our end of summer Bag Sale will be held on Saturday, August 28th from 10 am - 4 pm – anything you can fit in a bag for \$5.00 (we provide the bags). After the sale, we purge all leftover summer clothing and shoes and reopen on September 1st with fall and winter merchandise.



We are still very much in need of additional volunteers to work at the shop. During the COVID-19 pandemic we lost approximately 12 volunteers. Because of this, we are operating on reduced hours, which has an impact on how much money we can earn for the hospital. We need to get back to two shifts per day and longer hours. If you are interested, or know someone who is, please contact our Volunteer Services Office and let them know you would like to be on the Select Seconds team!

For the latest on Select Seconds, please visit our Facebook page @SelectSeconds. Currently our store hours are Tuesday through Friday 11 am – 3 pm, and Saturday 11 am – 4 pm. Donations are accepted at the rear door during those hours.

Select Seconds Hours

Open Tuesday – Saturday
11:00 a.m. - 3:00 p.m.



Select Seconds One-day Bag Sale

Saturday, August 28
10 AM – 4 PM
8 E Patrick St., Frederick, MD
21701
301-662-8280



OTHER NEWS

WINGS - WINGS will be returning to the hospital starting September 7. We are very excited to be back at the hospital discharging patients again. We still need volunteers, however, and would love to have you join us!



VOLUNTEER OFFICE - The following are the Auxiliary members who joined between 18 May 2021 and 6 August 2021. Welcome!

Pete Brown Simy Buckwold Mary Kitsos Emma Main Debra McCain Wendy Plank



2021 AUXILIARY PICNIC — Tuesday, September 28 | 5-8 p.m.

Monocacy Village Park

409 Delaware Road, Frederick, MD 21702

To register: <https://forms.frederickhealth.org/212215031889049>

Volunteer Activity Snapshot



Sewing
for
Mission

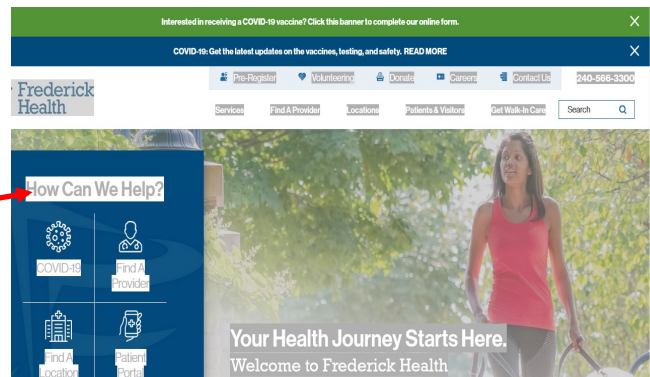
Trevella Foster from our sewing group is showing some of the activity aprons that the ladies made. They are used for dementia patients to keep their hands busy. — Photos submitted by Pat Ray

From Left to Right:
Ken Michaels is working at the Information Desk. Mary Mahoney is helping out at the hospital gift shop
- Photos submitted by Hongwei Xu

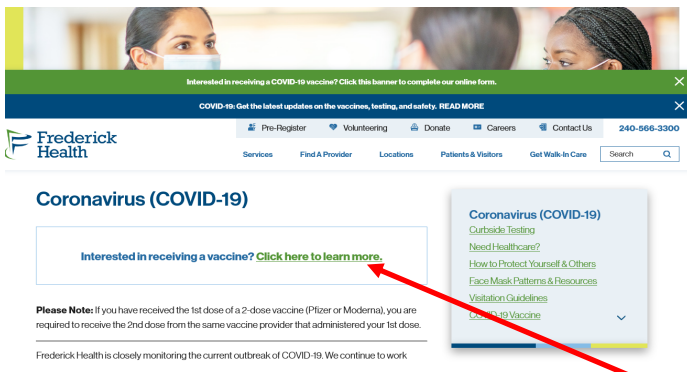


Did You Know?

Frederick Health’s COVID-19 vaccination registration is now online! If you know someone who is eligible (patient of Frederick Health Medical Group Primary Care, or if not, a resident of Frederick County) let them know that they can go to Frederick Health’s homepage (www.frederickhealth.org) and click on the COVID-19 button under “How Can We Help?”.



From there, they’ll go to a screen that looks like this:



Covid-19
vaccination
registration

Here they can find current information regarding the virus, most current eligibility requirements and if they click on the link located here, can sign up on the vaccine interest form. Once that information is completed and submitted, when appointments become available, they will receive an email with a link to complete pre-registration and receive an appointment.



VOLUTEERS NEEDED!

Newsletter Committee is looking for additional committee members to help with the production and distribution of the Auxiliary newsletters. Current committee members are:

Mary Beth Clark (Chair) | Hongwei Xu (Editor) | Elizabeth Brady (Proofreader)

Please contact Pat Ray at pray@frederick.health, or leave her a message at the Volunteer Office (240) 566-3567 if you are able to participate in this effort or want more information.

Frederick Health Auxiliary Executive Board Members

- President:** Pat Ray
- President Elect:** Harriet Brown
- 1st VP:** Joe Collins
- 2nd VP:** Jan Kennedy
- Treasurer:** Sharen Neale
- Corresponding Secretary and Parliamentarian:** Donna Tisdale
- Recording Secretary:** Peggy Rosenbluth
- Financial Secretary:** Kathy Soria



Frederick Health Auxiliary
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Frederick, MD 21701

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CURRENT RESIDENT OR:

Important Reminders

As we slowly return to the hospital and off-site Frederick Health locations and resume volunteering, just a reminder that all **uniform policies** are to be adhered to. If in doubt, please contact the Volunteer office for clarification.

Masks must be worn on Frederick Health properties at all times.

Be aware that the long term construction project at the hospital means more limited parking. Please park in the parking deck and use the Staff entrance.

More information on changes to policies as well as a tour of the building changes due to construction will be provided at Welcome Back in-service that all returning volunteers will attend. Contact the Volunteer office to schedule.

